Parent Information Evening

Our parent information night will be held next Tuesday, 24th February. Notes regarding this went home with students two weeks ago. You can book a time to sit down one on one with your child’s teacher to discuss the start of the school year, or any concerns. Parents need to fill out the booking sheet with your preferred times and return it this week. If you have any questions please see me or your child’s teacher.

District Swimming Carnival

The District Swimming Carnival is to be held at the Canowindra pool this Friday, 20th February. It is a day carnival and notes have gone out to students who have qualified. Please return the notes as soon as possible so that transport can be sorted. For any concerns or questions please see Mrs Johnson.

Regional Swimming Carnival

The Regional Swimming Carnival will be held on Friday 6th March, in Dubbo.

IGA Donation

Thank you very much to our local IGA who have donated $800 to our school. This money will be used to buy plants, fruit and vegetables and other items for our Kitchen Garden Program.

Whole School Assembly

There will be a Whole School Assembly this Friday, 20th February. Students can cash in 4 Stage Awards for a Principal Award, or 2 Principal Awards for a Grenfell Blue. 5/6J will be presenting the item and this will take place at 12.30pm in our school hall.

P & C

Our P&C AGM will be held on Tuesday 10th March starting at 7.30 pm in the school staffroom. We welcome all new parents and all positions on our committee will become vacant.
**Emu Creek Echo**

**Volume 15, Issue 04**

**Buses**
Can you please make sure your child knows how they are getting home of an afternoon. If they are not catching the bus we need a note or a phone call from you by 2.45pm or a note otherwise your child will be catching the bus home. It is especially important for K-2 students as they can often get upset when they are not sure what they are doing.

**Concerns or Problems**
If you have any concerns or problems during the year please come and see me or give me a call. We want the best for every child and sometimes we can make things a lot easier just by having a chat and sorting the problem out, or explaining why we have made a certain decision.

**Going Home Changes**
We ask all parents to write notes or ring the school if their child is changing their routine to travel home. If we don’t have a note, or get a phone call, we will send your child home their normal way.

**Head Lice**
Head lice are always a concern if people do not follow some simple rules. Please make sure that if your child has head lice that you treat it correctly. Your child should not return to school until all lice and eggs are removed. For treatment please see the local chemist, or we have information packs at school.

**Nut Free School**
Just a reminder that we are a Nut Free school and students should not be bringing nuts or nut products to school. It has been noticed that some students are bringing Knoppers to school. We do have some students that are allergic to nuts at our school so I’d really appreciate your cooperation with this.

**Parent Helpers/Volunteers**
If you are interested in helping out in your child’s classroom or when we have school events, we would love to have you here. Please see your child’s teacher or let me know.

**PSSA Sporting Teams**
At present we have a number of teams being organised to compete against other schools in the PSSA knockout competitions during this Term. All students in Stage 2 & 3 can try out for these teams. Mrs Watt is organising Girl’s Cricket and I am organising the Boy’s Cricket. Mrs Taylor is organising the Tennis team and Mrs Johnson is organising the Girl’s Netball team. Please see these teachers if you have any questions or require more information.

**Reminders...**

**SCHOOL COUNSELLOR**
Wayne Symons, our School Counsellor, will be here each Thursday this term. If you want to see him you can make an appointment through me. Wayne is very approachable and only too happy to help out with any problem, big or small. Wayne is also the School Counselor at The Henry Lawson High School.

**Rugby Gala Day**
Our school will be involved in a Gala Rugby day on Tuesday 3rd March. Mrs Radnedge will be organising this and will send home more information when it arrives.

**Sports Trophies**
If you have a Presentation Day perpetual trophy from last year could you please return it.

**Tennis**
Good luck to our Tennis team that is competing against Cowra Public School this Wednesday.

**Disco**
Our SRC are looking at running a Disco on Tuesday 17th March in our hall. More details coming soon.

**The Henry Lawson Festival**
Steve Kilby will be our King for this year’s Festival. We are planning a Movie Night on Friday 1st May and a Seafood Night early in Term 2, so look out for these events.

**Coming to School**
We have noticed that some students are entering school through the teacher’s car park or the office area, which they should not be doing. We ask all students to enter and leave school through the Warraderry Street gates, unless you are being signed in or out from the office.

**Contact Phone Numbers**
If you have changed your home phone, mobile or your emergency contact numbers can you please let the office know. It makes it very frustrating if we cannot contact you in case of an emergency and I am sure you would like to know if something happens to your child.

**Munch and Crunch**
The whole school, K-6, will continue with Munch and Crunch. This is where we will stop for about 5 minutes during our morning session for students to have a drink and to crunch on a piece of fruit. We ask that all parents send something in with their child each day so they can be involved in this.

**Young Leaders Day**
The School Captains and I will be attending the Young Leaders Day in Sydney on Monday 23rd March. A note will go home over the next week to the Captains.
**School Award System**

Students receive awards at school and they work in the following manner:

Students receive School Awards in class and when they get 5 School Awards they can cash them in at a Stage Assembly for a Stage Award.

For infants (Stage 1) the 5 School Awards get given to Miss McIntyre who has a special box in her room that students can put them into.

For Primary (Stage 2 and 3) students can put their 5 School Awards in a box that is in the staffroom foyer and Mrs Joyce sorts them out.

When students have 4 Stage Awards they give them to Mr Hooper and the students will receive a Principals Award at the next Whole School Assembly.

When students get 2 Principals Awards they also give them to Mr Hooper to receive a Grenfell Blue. Students who receive a Grenfell Blue get invited to a special morning tea or lunch at the end of each semester.

One student from each class also gets a Quality Work Award at a Stage Assembly each fortnight. Their name is displayed on our notice board near the canteen and they get invited to a special morning tea or lunch at the end of each semester.

Each month we hand out an Aussie of the Month for each stage. Students receive a special certificate and get invited to a special morning tea or lunch at the end of each semester.

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**Quality Work Awards**

Congratulations to the following students who received a Quality Work Award for making a positive start to the new school Year:

- Taylor Hazell
- Tahlia Troy
- Bridgett Scott
- Caphryse Lawler
- Jacob Smith
- Faith Smith
- Amelia Southwell
- David Caprenter

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**School Banking Day Reminder.**

Don’t forget that Tuesday is School Banking day and students should bring in their weekly deposit. For every deposit made at school, no matter how big or small, students will receive a cool Dollarmites token. Once students have individually collected 10 tokens they can redeem them for an exclusive School Banking reward item in recognition of their continued savings behaviour.

Thank you for supporting the School Banking program at Grenfell Public School.

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**Healthy Kids Bus Stop**

The Healthy Kids Bus Stop is a whole-of-child health screening assessment and integrated pathway to care program for children aged 3-8 years old.

The Program aims to improve the health and well-being of children by engaging in oral and mental health, nutrition, and physical activity programs. It promotes healthy lifestyles and encourages children to develop positive habits for life-long health.

**Bus Stop Details:**

- **Location:** Grenfell Public School Hall, Melinda Street, Grenfell
- **Dates:** 24-26 February 2019
- **Cost:** The Healthy Kids Bus Stop is FREE.
- **Registration:** Bookings are essential - please call Royal for West on 1800 500 061 or RMS 8300 to register. A time slot will be selected that suits you and your child. Please note that the duration of your appointment will be dependent on the health needs of your child. Appointments can take between 1½ - 2½ hours to complete.
- **What to bring:**
  - Your child’s Blue Book
  - Your child’s hat
  - Your child’s drink bottle

**Benefits:**

- Child Health and Development - undertaken by a Child and Family Health Nurse, this assessment aims to gather health information, identify health problems and promote healthy lifestyles. The health check includes a hearing, vision and physical check; an assessment of oral health and nutrition status; and questions about the child’s development and emotional wellbeing.

- Oral Health - this assessment is undertaken by a Dental Therapist and aims to identify any oral health problems, promote the importance of regular brushing and healthy food choices.

- Hearing - undertaken by an Audiometrist, this check aims to identify any hearing loss that may be impacting on the child’s social, emotional and cognitive development.

- Food and Nutrition - this check is undertaken by a Dietitian and supports parents to understand the child’s food intake needs for their growth and development.

- Speech and Language Development - undertaken by a Speech Pathologist, this check identifies whether the child’s speech, language and communication development is appropriate for their age.

- Fine and Gross Motor Skill Development - this assessment is undertaken by an Occupational Therapist and assesses whether the child is meeting their milestones with their fine and gross motor skill development.

At the conclusion of the Healthy Kids Bus Stop, a multidisciplinary care conference is undertaken. Each child’s health assessment is reviewed and used to develop a coordinated referral pathway. The pathway may include referral to Royal for West, the local Health District, Medicare, local or other local services and includes the child’s local GP and Child and Family Health Nurse as key coordinators of the care. Local schools and services also support the child’s identified health needs and follow-up care.
Swimming Club News – Week Commencing 16th February

Congratulations to the Brown’s Earth Moving Team of Angus Brown, Mea O’Byrne, Fletcher Taylor and Stirling Taylor, winners of the 2015 Business House Relays. Twenty four teams battled it out for the trophy and in the end it came down to the cool headed strategy of swimming to time. Well done kids!

Championships commence this Friday, 20th February. Swimmers compete in each event in their age group. Swimmers will be automatically nominated into championship events that they qualify for, except for the 200m freestyle and the 200m IM. Qualifying summaries will be emailed out so families can check that swimmers are eligible for events.

You must nominate for the 200m freestyle and the 200m individual medley if you want to compete in these events at the championships. Nominate by 6pm this Wednesday afternoon.

(Reminder: to qualify for the 200m freestyle you must have completed 6 swims of the 100m freestyle. To qualify for the 200 IM you must have completed 6 swims of each stroke and currently be swimming at 50m in all of them.)

You must let us know if you choose not to compete in an event that you automatically qualify for.

The championship program is:

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<tr>
<th>Friday 20th February</th>
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<tbody>
<tr>
<td>Events</td>
<td>200m individual medley, freestyle 10m, 20m, 33m, 50m and 100m, backstroke 20m, 33m, 50m</td>
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<tr>
<td>Time keepers</td>
<td>Kath Holz in charge</td>
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<table>
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<tr>
<th>Friday 27th February</th>
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<tbody>
<tr>
<td>Events</td>
<td>200m freestyle, breast stroke 20m, 33m, 50m, butterfly 20m, 33m, 50m</td>
</tr>
<tr>
<td>Time keepers</td>
<td>Kath Holz in charge</td>
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</tbody>
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Other dates for your diary:

Monday 9th March – Meeting in club room at 8pm

Friday 13th March – Presentation night – at the pool.

Please bring a sweet or salad to share. Swimming club will provide meat and bread. Swimmers will be provided with a drink. Families are also asked to bring their own drinks, plates, utensils and chairs.

The bike raffle will be drawn at presentation night. Please return sold tickets and money.

The triathlon planned for this year will be held over until next season. We are looking to form a sub-committee of interested ‘triathletes’ to continue the organization of this exciting event. Let Danny or Trudy O’Byrne know if you’re interested.

The Henry Lawson High School News.

Did you know that The Henry Lawson High School has an app suitable for all Apple and android devices? You can use the app to access the school newsletter, calendars, news and events and lodge your student’s absences.

Search "The Henry Lawson High School" on the iTunes or Google Play store and download - it’s free!

We also have a new website. For all the latest news and information including newsletters, P&C minutes and school events go to

www.henrylawson-h.schools.nsw.edu.au

Do you sometimes miss out on news or events? If you would like to be kept in the loop, we will email the school newsletter Lawson’s Latest to you weekly. Contact the high school on 6343 1390 with your email address to be added to our mailing list or email us at

henrylawson-h.school@det.nsw.edu.au