**Principal's Report...**

**Education Week**

Education Week is from today, Monday 28th July, until Friday 1st August. We will be celebrating Education Week this Thursday, 31st July. There will be a Book Fair in the Library and students will be able to look at the books during the week to make a wish list for Thursday. We will commence activities on Thursday with a Whole School Assembly at 11.30am in the hall, followed by tabloids from 12.00-1.00pm, which will be run by our senior students. We will then enjoy a free sausage sizzle for lunch at 1.00pm. After lunch we will continue with our tabloids.

Everyone is welcome to come along. If it rains we will postpone our tabloids but everything else will run. Scripture will not be on this Thursday due to these activities.

**School Athletics Carnival**

We had a great day last Friday for our school Athletics Carnival. Thank you to all the parents who supported the day and helped out in the canteen or with our carnival. Thank you to Mr Kilby, Mrs Forde and Mrs Montgomery for co-ordinating the carnival. Congratulations to Wood who were the winning house on the day. Congratulations also to our age champions. Our Junior champions were Anna Hunt and Tyler Byron, 11 years champions were Alex Johnson and Kyle Mawhinney and Senior champions were Emily Whatman and Josh Carpenter.

**District Athletics**

The District Athletics carnival will be held in Cowra on Friday 8th August. Mr Kilby will be co-ordinating our team and he will get notes out this week. We will be travelling by private transport.

**Kinder Enrolments for 2015**

We had a great roll up for our Kindergarten Morning Tea last Wednesday. If you did not make it but would like some information please contact Vicki McIntyre or myself. We are only too happy to give you a tour of our school and answer any questions you might have. Information booklets and enrolment forms for students starting Kindergarten in 2015 are available from the office. We will be sending out our Kinder Orientation program for Term 4 very soon.

**SCHOOL PHOTOS**

Our school photos will be taken in Week 10 this term on Wednesday 17th September. Please make sure you don’t book appointments for this day.
Coming To and From School
Parents are asked to please make sure you use the Warraderry Street exit when dropping your children at school or when leaving school, unless you need to go via the office. There are a few parents using the staff car park which is very dangerous. I appreciate your co-operation with this.

Year 6 Transition to High School
Students in Year 6 are attending the High School on Wednesday afternoons this term for Science lessons. Mrs McMahon will accompany the students to the high school each week in time for the afternoon session. Students will be dismissed from the High School at the end of the day so they need to make their own travel arrangements home. This is a great opportunity for our Year 6 students to familiarise themselves with the high school and receive instruction from a specialist high school Science teacher.

Winter Uniform
Students should be wearing the sky blue sloppy joe or one of our navy jackets. If you want to buy a jacket without a logo that is fine but it needs to be navy blue. In winter students can also wear gloves, a beanie or scarf but they have to be Navy blue. If they are not navy blue the students cannot wear them. Black shoes are also a part of our school uniform and students should wear them every day except for our sports day on Friday. It looks very ordinary when students are not wearing the correct uniform. I would appreciate your support with this.

We currently have good stocks of Parkas for $35.00, Beanies $6.00, Scarves $6.00, Gloves $4.00 and Fleecy Jackets $25.00. School sloppy joes in all sizes have also arrived - Size 4 to 10 $32.00, Size 12 and up $34.00.

P & C Meeting
Our next P & C Meeting is on Tuesday 12th August starting at 7.30pm in the school staff room. I will be discussing the new school planning model at this meeting as well as our plans for the new school kitchen.

Concerns or Problems
If you have any concerns or problems with anything please come and talk to us. No problem is too small to fix.

Andrew Hooper - Principal

Hi Kids and Families!
This term Grenfell Public School will be participating in a fun and active program called ‘Jump Rope For Heart’. You will be learning some new and exciting skipping tricks to practice in the playground. Further details and information packs will be provided this Friday.
SCHOOL BANKING

Tuesday is School Banking day, so make sure you send in your deposit on this day each week.

Congratulations to those students who have redeemed their silver tokens for reward items. These will be handed out at the next Whole School Assembly on Friday 8th August.

Colouring-In Competition

Don’t forget our Colouring-In competition this term for all students. First prize is a "Pat" Moneybox and Dollarmites Calculator, second prize a Book Light and third prize a Dollarmites pencils and ruler pack. Entry forms were included in last week’s newsletter (more are available from the school office). Just colour in the picture, write your name and class at the top in the space provided and return to Mrs Eppelstun. The competition will close on Tuesday, 5th August, with prizes to be handed out at the Whole School Assembly on Friday 8th August. Good luck!
ADMISSION TO COMMUNION AND CONFIRMATION

“Admission to Holy Communion” is sometimes also known as First Communion and it is a service the church provides for children who have been baptised and have reached 7+ years of age as the next step before Confirmation. The Parish Priest provides preparation and once they have been prepared they are accompanied by their parents and godparents to a Sunday morning Holy Communion service and after a short liturgy they are presented with a certificate and can then receive Holy Communion.

Admission to Communion recognises that a child is ready to take the next step in the development of their Christian Faith. They would have already been prepared for this in their family so that they will have a greater understanding of the Sacrament of Holy Communion and how it relates to everyday life. Admission to Communion looks back to their baptism and looks forward to their adult confirmation of baptismal promises.

Please speak to Fr. Michael Pailthorpe if you like to know more or would like your children admitted to communion or later confirmed.

Confirmation is usually for late primary or high school aged students and a confirmation service is scheduled for Sunday November 23rd with Bishop Ian Palmer.

6343 1097
grenfellanglican@bigpond.com
Learning Effective Communication
for individuals, managers & employees

Do people misunderstand you? Are your sales down? Staff turnover an issue? Want to get your message across?

Everyone can benefit from this workshop as it addresses the essentials of effective communications. This workshop will enable you to create better relationships and results through focused interpersonal communications in business, in sales, at work, at home. In fact, in every situation you encounter.

Learn how to:
- Really Get Your Message Across
- Understand Others
- Resolve Conflict
- Increase Sales / Closure Rate
- Lower Staff Turnover
- Build Customer Loyalty & Retain
- Increase Job Satisfaction
- Establish Harmonious Relationships
- Increase Profits
- Reduce Expenses

This 3.5 hour workshop is very much hands on with all the theory supported by full involvement, practical real-life based exercises, not just demonstrations.

- The 5 Principles of Success
- The Communications Model
- NonVerbal Skills
- Tension
- Controlling States

A certificate of completion will be issued to all who successfully complete the workshop.

For Individuals, Managers and Employees

Meet Your Presenters

Jeff Bulititude

Feel like life is out of control? Is stress ruining your work, health and relationships?

Surveys and research from all around the world are showing that stress levels, particularly in the work environment, are alarming on the rise. The good news is, through some simple understanding and strategies you can completely change the way you view and respond to stress.

Learn how to:
- Understand how stress works
- Identify your stress triggers
- Recognise signs of stress
- Build resilience
- Develop management strategies
- Create a healthy attitude toward stress
- Apply techniques for stress relief
- Find help when you need it

This 2 hour workshop is a hands-on event with live exercises that allow you to apply the materials to your situations.

- Instant stress busting first-aid
- Calming your busy mind
- 3 step long-term stress management
- Glide through conflict

A list of resources and downloadable materials will also be supplied to attendees.

Dates & Locations

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For Individuals, Managers and Employees

Meet Your Presenters

Leonie Criland

Dates & Locations

Cowra
July 31st: 1pm
Cowra Bowling Club 27 Waa St Cowra

Pricing
- All venues limited positions
- $55 pp minimum 3 days in advance
- $65 pp on the day if positions available

Duration 2 Hours
Discounts apply to groups of 3 or more. And, at some locations, to attendees to both communications and Stress Management Workshops.

Bookings
- Ph: (02) 6732 8464
- info@baileybranding.com.au
- leonie@deeptree.com.au

www.deeptree.com.au
www.beyoucoaching.com.au

Manage Stress Be Your Best!
open mic night 2014

GRENFELL JUNIOR RUGBY LEAGUE OPEN MIC NIGHT IS BACK!!
WHEN: SATURDAY 9TH AUGUST
WHERE: GRENFELL COUNTRY CLUB
TIME: 5:30PM FOR 6PM START
COST: $15 PER ADULT
$8 PER CHILD 12 YEARS & UNDER

Reserved seating available $100 per table 9 seats per table
(additional to ticket purchase) (limited, first in first served)
TICKETS ON SALE NOW UNTIL 8TH AUGUST AT:

CJ ANDERSON & CO
LOUISA’S LOCKER

TICKET PRICE INCLUDES A HOT MEAT & GRAVY ROLL

Free Courtesy Bus!!!

SO ROUND UP YOUR FAMILY AND FRIENDS FOR A
FANTASTIC NIGHT OF MUSIC, SONG FOOD AND A WHOLE LOT OF FUN!
ALL ARTISTS ENTER A DRAW FOR $$
CASH & PRIZES

All proceeds raised will go towards the major upgrades of Lawson Oval

Spaces are limited so to guarantee a spot, please email

grenfellopenmic@bigpond.com

Enquires Contact:
Rita Mawhinney 0409 538 430
Trevor Mawhinney 0413 444 595