

Say "NO!" to Cyber-Bullying



Meaning: CyberBullying is threatening or harmful behaviour sent on the internet to a victim or put on the internet about a victim for others to see.

Cyber-Bullying affects at least 22% of Aussie kids.
It can be 24/7, relentless, compounded by an audience reading it over and over again.

How To Prevent – Tips:

- **Be extra sensitive** about what you say online (what you project may be perceived differently)
- **Don't incite** any bullying, by arguing, flaming or annoying someone
- **Don't Share** Passwords with friends – they fight!
- **Make hard-to-guess secret questions** so people can't get into your accounts
- **Turn on comment moderation** to stop offensive comments from ever being published
- **Tell your friends** if a joke goes too far
- **Ask them to stop** harassing you, and if they don't, read on...

**"It's NOT Cool
To Be CRUEL!!"**

Never play along with the bully, answer their emails or text messages, respond to their posts, or copy what the bully is doing.

To Resolve – 5 Steps:

1. **Don't respond** to the bully AT ALL (It will make it worse, trust me;)
2. **Save the evidence**, whether it is text, images or websites – *see over*
3. **Block and Delete** the bully from the service – *see over*
4. **Report Abuse** to the Administrator(s) of the service – *see over*
5. **Tell trusted people**, which may be friends, adults, teachers, parents and police if necessary
- **as it is a criminal offence**

**Cyber-Bullying
Is A
Crime**



To Read More See Over Page

Saving the evidence:

Make a folder on your computer to save all the evidence in. **To save text**, highlight it (press Ctrl-A, or Apple-A on Macs to highlight it all), and copy it into a word document. **To take a screenshot**, (a picture of your computer screen) press the print screen button (above the arrow keys, top right of the keyboard), then go into the start menu, programs, accessories, paint, press Ctrl-V (copy), and click file and save. You can press apple-shift-3 to save a screenshot to the desktop on Macs. **To save an image** on a webpage right click on it (or control-click on Macs) and select 'save image'. **To save a YouTube video** or other online video, visit this website - <http://vixy.net/> post the 'web address' of the video into the 'URL' box, and then click start. It will convert the video into the .avi file type that can play on Windows & Macs, and then let you download the video onto your computer.

Blocking, Deleting and Reporting Abuse to the Administrator.

MSN – Log in, right click on contact in your contact list and select 'delete'. When the dialogue box pops up, select 'block' as well and click ok. Click the 'help' menu, and click 'report abuse' – Type your name, email in – the bullies email – what type of abuse, and then paste the evidence in the box – they will take appropriate action, possibly delete the offenders account. You should also turn message history on to ensure the evidence is recorded. To do this, click 'tools', 'options', 'messages' and tick the box that says 'automatically keep a history of my conversations'. If you want to, you can download messenger plus here – link – which has a function of recording your message history with password security.

MySpace - Log in, click 'view friends', click 'edit friends' – delete the bullies – then visit their profile – and click 'block user'. Make your profile private by clicking 'account settings' and 'privacy', then select 'my friends only' and click save. Visit the bullies profile, scroll down to the bottom and click 'report abuse' and select the type of abuse. Put in your name, email, and list the offending evidence and provide links and click submit.

Facebook – Log in, click 'friends', and click on the friend, and the little cross at the top right to delete the bully. To report abuse, click on the 'report' link accompanying most content. If you can't find that, click 'help' down the bottom, click 'security', and click 'how do I report abuse' then click to report it. Provide name and network of the offender, the evidence and provide links and send. For individual wall postings or message there will be a little 'report abuse' button on them for you to use.

Bebo - Login, click 'home', click 'friends', click the cross button on the offender to delete the bully. Now visit the offender's profile, and click 'block' and click 'report abuse', then click 'report abuse only'. Make your profile private by click on 'profile', 'edit profile' and then untick the box that says 'make my profile public'.

YouTube - you need an account, to get one visit <http://youtube.com/> - and click 'sign up' up the top right, and register. Login to your account, when watching any video click the 'flag' button, which will give you an option of selecting why you want to report it, and for cases of cyber-bullying, hover over 'hateful or abusive content' and click on it, and then click flag. An alert will be sent to the YouTube admins and they will look into it.

Email – Right click on message, click 'view source', and copy it into word document. Block the offender address. Notify your ISP, Notify the offenders ISP.

Games – Runescape, click the report abuse button down the bottom right. For others, Google search the games name and report abuse. Eg. Runescape report abuse.

Mobiles - Go into the settings and select block caller – put the bully's number in. Contact your service provider, report it to them. Contact the offender's service provider (if known) and report it.

Random websites/forums - Click contact admin button, send them an email or message and most likely they will take action against the bully user. For services/website's you're not sure about, try emailing it to abuse@thewebsite.com or admin@thewebsite.com. Eg. For Facebook - abuse@facebook.com

Finally, call your local police if you need more help.